

## Monthly allocation of Syllabus

Skill Subject: Beauty & Wellness

Level: I

Duration: 1 July to ~~28~~ March

Class: 9<sup>th</sup>

Month	No. of Working days	Title	No. of Teaching Periods	No. of Revision Periods
July	26	Unit-1 · Human Organ System · Nutrition · Basic of Cosmetology	44	8
August	23	Unit-1 · Introduction to Wellness Unit-2 · Arms & Hand Bone Structure · Nail Structure	39	7
September	15	Unit-2 · Hand, Skin & Fingers Nail Diseases · Hand Care & Nail Care Unit-3 · Leg & Foot Anatomy	24	6
October	16	Unit-3 · Foot & Skin & Nail Diseases · Foot Care & Nail Care	24	8
November	23	Unit-4 · Face & Neck Anatomy · Facial Skin & its Types · Face Skin Problem	39	7
December	23	Unit-4 · Face Care Unit-5 · Hair Structure & Growth	40	6

It is certified that this "monthly allocation syllabus" covers the whole syllabus

1. Roope Sharma, 9896535570

2. Aniti Verma, 9872245579

Name & Mobile No: 3. Tuchi, 9888938311

School :- 1. GSSS, Pai, 2283

Email :- 1. kushikaushik88@gmail.com

2. GSSS, Sec-15, PKL (3705)

2. Cuteaarti 337@gmail.com

## Monthly allocation of Syllabus

Skill Subject : *Beauty & wellness*

Level : *I*

Duration :

Class : *9th*

Month	No. of Working days	Title	No. of Teaching Periods	No. of Revision Periods
<i>January</i>	<i>16</i>	<i>Unit-5 . Hair Types &amp; its characteristics · Common Hair &amp; Scalp Problem 24 · Hair Care</i>		<i>8</i>
<i>February</i>	<i>21</i>	<i>Unit-5 . Head Massage Unit-6 . Mehendi · Nail Art</i>	<i>36</i>	<i>6</i>
<i>March</i>		<i>Revision</i>		

*It is certified that this "monthly allocation syllabus" covers the whole syllabus*

Name & Mobile No :

School :

Email :

## Monthly allocation of Syllabus

Skill Subject: *Beauty & Wellness*

Level: II

Duration :

Class: 10<sup>th</sup>

Month	No. of Working days	Title	No. of Teaching Periods	No. of Revision Periods
July	26	Unit-1 . Diet & Nutrition . Physical Wellness (Exercises)	44	8
August	23	Unit-1 . Alternative Therapies in Beauty & Wellness . Reflexology	40	6
September	15	Unit-2 . Basic Technique of M.C . Brands offering Different M.C Products . Cone Mehendi Making	22	8
October	16	Unit-2 . Arm Waxing Unit-3 . Basic Technique of P.C . Brand offering Different P.C Products	24	8
November	23	Unit-3 . Leg Waxing Unit-4 . Basic facial . Facial Treatment Common Skin Problem	40	6
December	23	Unit-4 . Brands offering different Products . Application of Basic Makeup	38	8

It is certified that this "monthly allocation syllabus" covers the whole syllabus

Name & Mobile No: *Ruchi 9888938311*  
*Rorpa Sharma, 9896535570*  
*Aarti verma, 9872745579*

School :

- GSSS, Sec-6, PKI, 3704  
GSSS, Pai, 2283  
GSSS, Sec-15, PKI, 3705

Email :

- *ruchidograuchi27@gmail.com*  
- *Kushikaushik88@gmail.com*  
- *Cuteaarti337@gmail.com*

## Monthly allocation of Syllabus

Skill Subject : *Beauty and Wellness*

Level :  I

Duration :

Class : *10<sup>th</sup>*

Month	No. of Working days	Title	No. of Teaching Periods	No. of Revision Periods
<i>January</i>	<i>16</i>	<i>Unit-4 . Facial Hair Removal Unit-5 . Ingredients of Hair Care Products . Hair Treatment/SPA</i>	<i>26</i>	<i>6</i>
<i>February</i>	<i>21</i>	<i>Unit-5 : Various Brands offering Hair Care Products Unit-6 . Different Sectors in Beauty and Wellness</i>	<i>32</i>	<i>10</i>
<i>March</i>		<i>Revision</i>		

*It is certified that this "monthly allocation syllabus" covers the whole syllabus*

Name & Mobile No :

School :

Email :

## Monthly allocation of Syllabus

Skill Subject: *Beauty & Wellness*

Level: III

Duration: *1 July to March*

Class: 11<sup>th</sup>

Month	No. of Working days	Title	No. of Teaching Periods	No. of Revision Periods
July	26	Unit-1 . Body Image Building Unit-2 . head and Body Massage . Study of Reflexology	44	8
August	23	Unit-2 . Nutrition & types of Diet Unit-3 . Client interactions & Consultation on hand Care and M.C . Types of Manicure	40	6
September	15	Unit-4 . Client interactions Consultation on foot Care and P.C . Types of P.C Unit-5 . Advance techniques of facial tmt	24	6
October	16	Unit-5 . Advanced Eye Make-up . Basic Eyebrow Threading	24	8
November	23	Unit-5 . Client interaction & Consultation on face care and facial Unit-6 . Basic Hair cutting . Basic Hair Styling	<del>34</del> 38	8
December	23	Unit-6 . Basic Hair Colouring . Client Interaction and Consultation on Hair Care	40	6

It is certified that this "monthly allocation syllabus" covers the whole syllabus

Name & Mobile No: 1. Roope Sharma, 9896535570  
2. Aarti Verma, 9872745579  
3. Ruchi, 9886938311

School: 1. G.S.S.S, Pai, 2283

Email: - 1. kushikaushis8@gmail.com

2. G.G.S.S, Sec-15 PKL-3705

2. Cuteaarti337@gmail.com

3. G.S.S.S, Sec-6 PKL-3704

3. ruchi.dogvaruchi27@gmail.com

## Monthly allocation of Syllabus

Skill Subject : *Beauty and wellness*

Level : III

Duration :

Class : 71<sup>th</sup>

Month	No. of Working days	Title	No. of Teaching Periods	No. of Revision Periods
January	16	Unit-7 . occupational Hazards, Salon Hygiene and Safety • Communicating on telephone	25	7
February	21	Unit-7 . Invoice, Taxes and Book Keeping • Basics of HR and Marketing	34	8
March		Revision		

*It is certified that this "monthly allocation syllabus" covers the whole syllabus*

Name & Mobile No :

School :

Email :

## Monthly allocation of Syllabus

Skill Subject: Beauty & Wellness

Level: IV

Duration :

Class: 12<sup>th</sup>

Month	No. of Working days	Title	No. of Teaching Periods	No. of Revision Periods
July	26	Unit-1 . Definition of health Food and Nutrition . Aging changes in body shape	44	8
August	23	Unit-1 . Ayurveda	42	4
September	15	Unit-2 . Manicure . Nail Extension	24	6
October	16	Unit-2 . Nail Art Unit-3 . Pedicure	24	8
November	23	Unit-3 . Nail Art P.C Unit-4 . Modern facial Skin care technology	40	6
December	23	Unit-4 . Makeup applications Body Art Tattooing . Basic Eyebrow Threading	39	7

It is certified that this "monthly allocation syllabus" covers the whole syllabus

1. Luchi - 9888938311

Name & Mobile No: 2. Anshu Verma - 9872745579

3. Rande Sharma, 9896535570

School :

G.S.S.S Sec-6 PKL (3704)  
G.S.S.S, Sec-15 PKL (3705)  
G.S.S.S, Pali (Kaithal), 2283

Email :

luchidogerauchi27@gmail.  
Cuteaarti337@gmail.com  
Kushikaushik88@gmail.com

## Monthly allocation of Syllabus

Skill Subject: *Beauty and wellness*

Level: *IV*

Duration :

Class: *12<sup>th</sup>*

Month	No. of Working days	Title	No. of Teaching Periods	No. of Revision Periods
<i>January</i>	<i>16</i>	<i>Unit- 5 . Hair cutting and styling · Hair colouring</i>	<i>25</i>	<i>7</i>
<i>February</i>	<i>21</i>	<i>Revision</i>	<i>42</i>	<i>—</i>
<i>March</i>		<i>Revision</i>		

*It is certified that this "monthly allocation syllabus" covers the whole syllabus*

Name & Mobile No :

School :

Email :